

Charles A. Filanosky, Ph.D., ABPP

*Licensed Psychologist, California PSY #22571
Board Certified in Rehabilitation Psychology
Qualified Medical Examiner, QME #118085*

Education:

Pacific Graduate School of Psychology, Palo Alto, California. *(APA Approved)*

Doctor of Philosophy, Clinical Psychology, June 2005.

Certificate Program, Neuropsychological Assessment, March 2003.

Master of Science, Clinical Psychology, October 2002.

Boston University, School of Education, Boston, Massachusetts.

Master of Education, May 1995.

Syracuse University, College of Arts and Sciences, Syracuse, New York.

Bachelor of Arts, Psychology, Cum Laude, May 1992.

Professional Experience:

The Permanente Medical Group, Vacaville and Vallejo, CA.

Staff Neuropsychologist (October 2016 to present, FT [32hrs])

Present duties include management of the neuropsychological consultation service in a large community hospital for persons residing in Napa / Solano counties and co-directing a specialized interdisciplinary pediatric sports concussion clinic supporting safe return to academics and play; certified IMPACT consultant. Additional duties include assisting with neuropsychological rehabilitation as part of an interdisciplinary team in a regional post-acute care rehab facility. Also supervise post-doctoral learners in the neuropsychology residency program. Competitive grant recipient in 2020. Served on multiple ad-hoc hospital committees and community outreach initiatives.

Veterans Affairs Medical Center, San Francisco, CA.

Staff Psychologist/Program Lead (September 2007 to October 2016, FT [40hrs])

Primary responsibility included clinical and administrative oversight of a co-located collaborative care clinic providing mental health services embedded within primary care and consultation services to post-deployment clinic, PACT Intensive Management, and GRACE. Served as faculty in our Center of Excellence in Primary Care Education emphasizing interdisciplinary education; supervised five post-doctoral fellows in an APA approved training program. Conducted neuropsychological testing and cognitive rehabilitation services. Also performed compensation and pension evaluations for veterans unable to travel due to incarceration (San Quentin) or commitment (Napa State Hospital). Committee service including Mental Health QI, Psychology Training Committee, Diversity, and VISN 21 Psychology Professional Standards Board, along with numerous other ad-hoc committees to support patient care and safety initiatives.

Private Practice, San Francisco, CA.

Rehabilitation Neuropsychologist / Sole Proprietor, (March 2009 to present, PT [0-8hrs])

Part time private practice emphasizing neuropsychological consultation and evaluation for forensic (IME/QME), disability, capacity and medical referrals. Specialty areas include traumatic brain injury, post-traumatic stress disorder, and geriatrics.

Gentiva Rehab Without Walls, San Jose, CA.

Rehabilitation Neuropsychologist (July 2009 to October 2013, PT [0-8hrs])

Part time position working as part of a rehabilitation team to provide community based post acute rehabilitation services to adolescents and adults with traumatic brain injury, spinal cord injury, and stroke. Conducted neuropsychological evaluations, cognitive rehabilitation, and psychotherapy for individuals and families.

Academic Appointments / Teaching Experience:

University of California San Francisco, San Francisco, CA

Associate Clinical Professor, Department of Psychiatry (September 2007 to October 2016)

Served as faculty for SFVAMC's Center of Excellence in Primary Care Education, a competitively funded and renewed program that emphasized interdisciplinary training and effective patient/provider communication and for which psychology is a core discipline. Taught medical residents relevant topics related to diagnosis and treatment of mental disorders occurring in a multidisciplinary primary care clinic setting. Developed and presented didactic seminars on posttraumatic stress disorder and traumatic brain injury for UCSF and VA trainees. Developed and supervised an APA approved post-doctoral residency in primary care psychology and a predoctoral internship rotation in the same. Also supervised predoctoral interns and practicum students in neuropsychological assessment and cognitive-behavioral therapy.

Palo Alto University / Pacific Graduate School of Psychology, Palo Alto, CA

Graduate Adjunct Faculty (June 2015 to August 2015)

Developed and taught Neuropsychological Rehabilitation course to advanced doctoral students in clinical psychology pursuing the neuropsychological assessment specialty track.

California Institute of Integral Studies, San Francisco, CA

Adjunct Associate Professor (May 2011 to August 2013)

Instructed doctoral students in clinical psychology in Neuropsychological Assessment and Biological Bases of Behavior. Developed course and materials, lectured, evaluated, and mentored students.

Hunter College (City University of New York), New York, NY

Adjunct Assistant Professor (January 2006 to August 2007)

Taught graduate level courses on Medical Aspects of Disability, Lifespan Development, Theories of Counseling, and Psychological Assessment. Adapted and updated course materials, lectured, and evaluated students. Served on faculty senate.

Pacific Graduate School of Psychology, Palo Alto, CA.

Graduate Teaching Assistant (September 2001 to June 2003)

Served as Teaching Assistant for a number of doctoral level courses including Introduction to Cognitive Behavioral Therapy and courses within neuropsychological assessment specialization sequence. Supervisors: Amy Wisniewski, Ph.D., Charles Baker, Ph.D.

Honors and Awards:

- 2008 VA National Primary Care Conference Poster Award
- 2008 International Neuropsychological Society Featured Poster Award
- 2007 Early Career Psychologist Credentialing Scholarship Award,
National Register of Health Service Providers in Psychology
- 2001 R.W. Kostenbauder Student Assistantship
- 2000 William and Margaret Hinckley Foundation Scholarship
- 1990 Golden Key National Honor Society, lifetime member
- 1989 Psi Chi, The National Honor Society in Psychology, lifetime member
- 1988 Teamsters Local 191 Academic Achievement Scholarship

Educational and Training Experience:

The Mount Sinai School of Medicine, New York, NY.

Post-Doctoral Resident, Dept. of Rehabilitation Medicine (September 2005 to August 2007)
Completed advanced training in rehabilitation research and clinical neuropsychology at a NIDRR Traumatic Brain Injury Model Systems and Rehabilitation Research and Training Center site. Responsibilities included performing neuropsychological evaluations, individual and group therapy along with cognitive remediation in accordance with research protocols as well as part-time work in the faculty practice and individual research projects. Supervisors: Mary R. Hibbard, Ph.D., ABPP, Wayne Gordon, Ph.D., ABPP, and Teresa Ashman, Ph.D.

Tewksbury State Hospital, Tewksbury, MA.

Clinical Psychology Intern, DMH/DPH (July 2004 to June 2005)
Completed pre-doctoral internship (APA approved) with a specialization tracks in forensic, health, and neuropsychology at a state hospital. Performed psychological and neuropsychological assessments, individual and group therapy, and consultation services for chronically mentally ill, dually diagnosed, and forensically committed individuals for the MA Dept. of Mental Health, and neurologically impaired patients and those with other serious medical issues for the MA Dept. of Public Health. Supervisors: Chris Huvos, Psy.D., Mithlesh Garg, Ph.D., and Edith Kaplan, Ph.D., ABPP

Veterans Administration Palo Alto Healthcare System, Palo Alto, CA.

Psychologist Trainee/Extern, Psychology Service (September 2002 to September 2003)
Performed neuropsychological evaluations for veterans referred from various sources as a component of graduate training. Administered batteries, wrote reports and recommendations, managed patient scheduling. Supervisor: James Moses, Ph.D., ABPP

Santa Clara County Valley Health and Hospital System, Sunnyvale, CA.

Psychologist Trainee/Extern, Fair Oaks Mental Health Center (September 2001 to July 2002)
Provided individual cognitive behavioral therapy and developed and co-lead a group for adults suffering from complicated bereavement. Administered and interpreted psychological and neuropsychological tests. Responsibilities also included intake screenings, case management, patient scheduling, and all required paperwork. Supervisor: Jeffrey Becker, Ph.D.

Professional Affiliations:

American Psychological Association (APA) – *full member*
Division 22 – Rehabilitation Psychology
Division 40 – Society for Clinical Neuropsychology

California Psychological Association (CPA) – *full member*
Division 8 – Neuropsychology *Executive Board: Local Advocacy Network Chair, 2016-2018; Member at Large, 2014-2015.*

San Francisco Psychological Association (SFPA) – *Ethics Chair, 2019 to present. Executive Board: Immediate Past President, 2018, President, 2017, President-Elect, 2016; Treasurer, 2013-2016; Member at Large, 2010-2013.*

Northern California Neuropsychology Forum (NCNF) – *Executive Board: Immediate Past President, 2013-2014, President, 2012-2013, President-Elect, 2011-2012; Secretary, 2009-2011.*

Professional Service Activities:

Reviewer (Ad Hoc): Journal of Nervous and Mental Disease; Implementation Science.
Reviewer (Grant): American Psychology-Law Society, Early Career Grant in Aid Program
Dept. of Veterans Affairs VISN 21: Psychology Professional Standards Board
UCSF First-Generation Support Program (mentorship for students who are the first in their families to graduate from college)

Grants:

Project Title: *Concussions in youth: Differentiating the symptom presentation and outcomes following sports related vs. non-sports related concussions in Kaiser Permanente Northern California.*
Funding Source: Kaiser Permanente Community Benefits (\$75,000)
Role: Principal Investigator
Funding Period: 1/1/2021 – 12/31/2021

Publications:

Chartier, M., Tullis, V., Frawley, E., **Filanosky, C.**, Carmody, T., McQuaid, J., Li, P., Lampiris, H., & Wong, J. (2015). The Montreal Cognitive Assessment (MoCA): A pilot study of a brief screening tool for mild and moderate cognitive impairment in HIV-positive Veterans. Journal of the International Association of AIDS Care Providers 14, 3, 197-201.

Field, N.P., and **Filanosky, C.** (2010). Continuing bonds, risk factors for complicated grief, and adjustment to bereavement. Death Studies 34, 1, 1-29.

Presentations, Rounds, and Symposia:

Filanosky, C. (2022, Mar). Practical Care Strategies for Post Concussion Syndrome. Presentation to the 73rd Annual San Francisco Neurological Society Meeting, Monterey, CA.

Filanosky, C., Hnatko, C. (2020, Feb). Acute Concussion Care – “Mythbusters.” Presentation to the Kaiser Permanente Northern California regional emergency department CME update series, Vacaville, CA.

Filanosky, C., (2015, Jun). VA Integrated Mental Health Services – National Trends and Local Examples. How is the VA Doing? Assessing Current VA Initiatives in Quality of Care. VA Palo Alto Annual MH Conference, Palo Alto, CA.

Filanosky, C., Morikawa, E., and Caldwell, J. R. (2014, May). Self Care for Mental Healthcare Providers. Presentation to Psychology Department, San Francisco General Hospital, San Francisco, CA.

Filanosky, C., (2015, Mar). The Hazards of Sport as an Occupation: Traumatic Brain Injury and its Sequelae. UCSF Updates in Occupational Health and Environmental Medicine, San Francisco, CA.

Morikawa, E., **Filanosky, C.,** and Caldwell, J. R. (2014, Nov). Teaching and Emphasizing Self Care to Support Quality of Care and Sustainability of Practice in Staff and Trainees. UCSF 9th Annual Faculty Education Retreat, San Francisco, CA.

Filanosky, C. (2014, May). Traumatic Brain Injury in Veterans and Athletes. UCSF Dept. of Occupational and Environmental Medicine Medical Grand Rounds, San Francisco, CA.

Filanosky, C. (2014, Feb). TBI 101: What Attorneys and Adjusters Need to Know. MCLE presentation to Fresno Industrial Claims Association, Fresno, CA.

Filanosky, C. (2013, May). Depression is Not Normal Aging: Identification of Mood and Substance Problems in Older Adults. Presentation to the Professional Fiduciaries Association of California State Conference, Monterey, CA.

Filanosky, C. (2013, May). Identification and Treatment of PTSD in Older Adults. Presentation to Jail Mental Health Services, San Francisco, CA.

Fisher, W.S., Smith, T., **Filanosky, C.,** and Caldwell, J. (2013, March). Beyond Liaison, A Future Role for Psychiatry in Medicine: Collaborative Care and the VA. SFVAMC Mental Health Service Grand Rounds, San Francisco, CA.

Filanosky, C., & Maguen, S. (2012, December). The Impact of TBI on Treatment for PTSD. SFVAMC Mental Health Service Grand Rounds, San Francisco, CA.

Drexler, M., **Filanosky, C.,** Armstrong, M., & Cuevas, A. (2012, October). Panel Discussion: VA Systemic Issues Regarding Compensation and Pensions. SFVAMC Mental Health Service Grand Rounds, San Francisco, CA.

Filanosky, C. (2012, August). Assessing Decision Making Capacity in Older Adults. Presentation to the Professional Fiduciaries Association of California, East Bay Chapter, San Leandro, CA.

Filanosky, C. (2011, November). Screening Cognition in Older Adults: Strategies for Primary Care. Medical Grand Rounds, John Muir Medical Center, Concord, CA.

Filanosky, C. (2011, June). Screening Cognition in Older Adults: Why, How, and Then What? Presentation to Legal Assistance for Senior's Annual Conference on Elder Abuse, Oakland, CA.

Filanosky, C. (2011, May). Decision Making Capacity in Elders: A Neuropsychological Approach. Presentation to the Professional Fiduciaries Association of California State Conference, Monterey, CA.

Filanosky, C. (2010, August). Primary Care Psychological Services at the VA. Presented symposia at the 118th Convention of the American Psychological Association, San Diego, CA.

Filanosky, C. (2010, August). Screening for Cognitive Impairment in Social Work Service. Presentation to SFVAMC Social Work Service, San Francisco, CA.

Filanosky, C. (2010, June). More than Just Bad Choices: Decision Making in Older Adults. Advanced Practice Nursing Grand Rounds, SF VAMC, San Francisco, CA.

Tulkin, S., Winter, L., **Filanosky, C.**, and Guzman, J., (2010, May). The Evolution is Here: Meeting the Challenges of Primary Care Psychology. Presentation to the Annual Convention of the California Psychological Association, Costa Mesa, CA.

Filanosky, C. (2010 February). Using Neuropsychological Assessment to Determine Decision Making Capacity in Elders. Presentation to the Professional Fiduciaries Association of California, Silicon Valley Chapter, Campbell, CA.

Filanosky, C., and Caldwell, J.R. (2009, September). Integration of Mental Health Services in Primary Care at the SF VAMC. Presentation to VA VISN 21 Integrated Care Conference, San Francisco, CA.

Filanosky, C. (2009, July). Developing Educational and Employment Accommodations Using Neuropsychological Assessment. Presentation to the Palo Alto VAMC, Palo Alto, CA.

Filanosky, C. (2009, May). Assessing Decision Making Capacity in Elders. Presentation to the San Mateo County Senior Roundtable, Menlo Park, CA.

Filanosky, C. (2009, March). A Tale of Two Traumas: PTSD and TBI. Presentation to the PTSD Clinical Team, San Francisco VA Medical Center, San Francisco, CA.

Filanosky, C. (2008, September). PTSD and TBI. Address to VISN 21 PTSD Committee Annual Meeting, San Francisco, CA.

Filanosky, C., Hibbard, M. (2006, June). Personal futures planning for persons with traumatic brain injury. Presentation given at the Brain Injury Association of New York State Annual Conference, Albany, NY.

Poster Presentations:

Filanosky, C., Tucker, L.Y., Theodore, B.R., Delmonico, R. (2022, May). Creation of a Novel Method for Identification and Extraction of Retrospective Data from Health Connect. Poster presented at the 4th Annual Kaiser Permanente Napa Solano Research Week, Vallejo CA.

Menard, C., **Filanosky, C.**, Hnatko, C. (2021, May). Napa Solano youth sports concussion: Recovery during the COVID-19 pandemic. Poster presented at the 3rd Annual Kaiser Permanente Napa Solano Research Week, Vallejo CA.

Simpson, S., Romano, E., Salem, S., Student, A., Mapara, P., and **Filanosky, C.** (2014, May). Development and implementation of an Opioid Education Class in a Veterans Affairs primary care clinic: Providing education about safe opioid medication use and the opportunity to complete an Opioid Agreement document. Poster presented at the 2014 VA Psychology Leadership Conference, San Antonio, TX.

Baughn, D., Campbell, K., Delany-Brumsey, A., Ratner, J., and **Filanosky, C.** (2013, March). Rapid access to integrated healthcare within an urban VA medical center. Poster presented at the Society for Behavioral Medicine, San Francisco, CA.

Caldwell, J., and **Filanosky, C.** (2010, March). Assessment of psychosocial needs of veterans in primary care. Poster presented at the Great Los Angeles VA Nursing Research Conference, Los Angeles, CA.

Tsaousides, T., Dams-O'Connor, K., and **Filanosky, C.** (2009, March). The URICA-TBI as a measure of rehabilitation readiness after TBI: Psychometric properties. Poster Presented at Division 22 Rehabilitation Psychology Annual Conference, Jacksonville, FL.

Caldwell, J.R., and **Filanosky, C.** (2008, July). Comparison of two approaches to enhancing veteran access to mental health services: Co-located primary care/mental health and electronic consult. Poster presented at VA National Primary Care Conference, Arlington, VA.

Ginsberg, A., Tsaousides, T., and **Filanosky, C.** (2008, February). The role of sleep efficiency in post-TBI fatigue: A comparison between individuals with TBI and non-TBI controls. Poster presented at the 36th Annual Meeting of the International Neuropsychological Society, Waikoloa, HI.

Filanosky, C., Tsaousides, T., and Ginsberg, A. (2008, February). The relationship between sleep efficiency and depression after traumatic brain injury (TBI). Poster presented at the 36th Annual Meeting of the International Neuropsychological Society, Waikoloa, HI.

Tsaousides, T., **Filanosky, C.**, and Ginsberg, A. (2008, February). Reliability and validity of the Pittsburgh Sleep Quality Index in individuals with traumatic brain injury. Poster presented at the 36th Annual Meeting of the International Neuropsychological Society, Waikoloa, HI.

Filanosky, C., Ashman, T., and Segura, E. (2007, October). Symptoms and experiences of persons with mild traumatic brain injury (TBI) and participation in litigation. Poster presented at the American Congress of Rehabilitation Medicine – American Society of Neurorehabilitation Joint Convention, Washington, DC.

Tsaousides, T., **Filanosky, C.**, and Ashman, T. (2007, May). Depression following traumatic brain injury: Differences by age and degree of unmet employment needs. Poster presented at New York State Psychological Association's 70th Annual Convention, Albany, NY.

Filanosky, C., and Mascialino, G. (2007, March). Perceptions and access to healthcare in minorities and non-minorities following traumatic brain injury (TBI). Poster presented at the annual conference of American Psychological Association Div. 22 Rehabilitation Psychology, Charlotte, NC.

Tsaousides, T., and **Filanosky, C.** (2007, February). Using the URICA to assess rehabilitation readiness for individuals with traumatic brain injury (TBI). Poster presented at the 35th Annual Meeting of the International Neuropsychological Society, Portland, OR.

Filanosky, C., and Kaplan, E. (2006, June). Applying the Boston Process Approach to the RBANS. Poster presented at the 4th Annual Conference of the American Academy of Clinical Neuropsychology, Philadelphia, PA.

Filanosky, C., Filanosky, V., Itsar-Nabarro, Z., and Thompson, L. (2004, July). Patterns of advice on coping with grief and bereavement: A comparison to the COPE. Poster presented at the annual convention of the American Psychological Association, Honolulu, HI.

Itsar-Nabarro, Z., **Filanosky, C.**, Filanosky, V., Thompson, L.W., and Ryder, K. (2004, July). Advice on coping with grief and bereavement and subsequent outcome. Poster presented at the annual convention of the American Psychological Association, Honolulu, HI.

Ruzek, J., Walser, R., Gregg, J., and **Filanosky, C.** (2004, July). Creating a web-based maintenance program for veterans with PTSD. Symposium presented at the annual convention of the American Psychological Association, Honolulu, HI.

Lane, G., **Filanosky, C.**, Shaffer, T., Froming, W., & Cochran, M. (2001, May). A three stage approach to the empirical validation of computer-mediated mental health services. Poster presented at the Pacific Research Forum, Palo Alto, CA.

Filanosky, C., Shaffer, T., and Hibbard, S. (2000, May). Development of a stage of change model for smoking cessation via the Internet. Poster presented at the Pacific Research Forum, Palo Alto, CA.

Shaffer, T., **Filanosky, C.**, and Hibbard, S. (2000, May). Measures of betrayal and narcissism: Preliminary factor structure and validity via the internet. Poster presented at the Pacific Research Forum, Palo Alto, CA.

Shaffer, T., Froming, W., **Filanosky, C.**, and Hibbard, S. (2000, May). Here2Listen: A model for Internet-based behavioral interventions and psychological research. Multimedia presentation at the Pacific Research Forum, Palo Alto, CA.